

MAB Summer Schedule July 27- August 21 2009

Monday		Tuesday		Wednesday		Thursday		Friday	
Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
	9:00-12:00 Ballet Camps		9:00-12:00 Ballet Camps		9:00-12:00 Ballet Camps		9:00-12:00 Ballet Camps		9:00-12:00 Ballet Camps
9:30-11:00 Level 5		9:30-11:00 Adult Int.		9:30-11:00 Level 5		9:30-11:00 Adult Int.		9:30-11:00 Adult Int.	
11:00-12:00 Level 5 Var.		11:00-1:00 Level 5*		11:00-12:00 Level 5 Var.		11:00-1:00 Level 5*		11:00-12:30 Level 5	
12:00-2:00 Level 3*	12:00-1:30 Level 2		12:00-1:00 Modern 2/3	12:00-2:00 Level 3*	12:00-1:30 Level 2		12:00-12:45 2/3 yoga VEGA	12:30-1:30 level 5 Pas de Deux	12:00-1:00 Seminar** 3/4
		1:00-3:00 Level 3*	1:00-2:30 Level 2			1:00-3:00 Level 3*	1:00-2:30 Level 2		1:30-2:30 Seminar** Level 5
	1:30-2:00 Level 2 variations				1:30-2:00 Level 2 variations		1:30-2:30 Yoga 4/5 VEGA	1:30-3:00 Level 3/4	
2:00-4:00 Level 4*	2:00-3:00 Pilates 2/3			2:00-4:00 Level 4*	2:00-3:00 Jazz 2/3				
		2:30-4:30 Level 4*				2:30-4:00 Level 4			
4:00-5:00 Pilates open		4:30-6:00 Modern 4/5 and adults		4:00-5:30 Jazz 4/5 and adults		4:00-5:00 Level 4 variations			
			6:00-7:30 Adult Beg. ballet				6:00-7:30 Adult Beg. ballet		
		7:00-8:30 Adult Beg./Int.				7:00-8:30 Adult Beg./Int.			

***Class includes a half-hour of pointe**

****The topics covered in the seminar include nutrition, wellness, theatrical hair and make up, and theatre etiquette.**