

Massachusetts Academy of Ballet

Summer 2010 Program



Dance with the professionals

DIRECTORS
Rose Marie & Charles Flachs

"I am really glad to find in America a School that is so similar to the Russian Ballet School. I like very much the atmosphere at the School. Thank you very much for preserving Classical Dance's tradition."

— Alla Osipenko, Prima Ballerina Kirov Ballet

www.massacademyofballet.com
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Massachusetts Academy of Ballet
4 Open Square Way, Studio 403
Holyoke, MA 01040
www.massacademyofballet.com



Summer 2010 Program Schedule

Workshops for Young Children

Introduction to Ballet • Ages 4 ~ 5

Young ballet enthusiasts will explore the art of classical ballet by learning elementary ballet, improvisation, simple dances with props, and watching and reading stories from classical ballets. Children should bring a healthy snack and drink for break.

July 19-23 • M-F: 9:00-12:00

July 26-30 • M-F: 9:00-12:00

\$150 each week*

Apprentice Ballet • Ages 6 ~ 7

Young ballet enthusiasts will explore the art of classical ballet by learning beginning ballet technique, improvisation, simple dances with props, and watching and reading stories from classical ballets. Children should bring a healthy snack and drink for break.

August 2-6 • M-F: 9:00-12:00

August 9-13 • M-F: 9:00-12:00

\$150 each week*

If more than one child from a family is enrolled in a workshop, tuition will be discounted to \$125 for each child.

Adult Open Classes

Adult Beginning/Intermediate Ballet is for students who have taken beginning ballet. Adult Beginning Ballet is a slower-paced class for students who have not had previous ballet training or who are at the beginning level of study.

June 21- August 13

Adult Intermediate/Advanced • T, TH, F: 9:30-11:00

Adult Beginning/Intermediate • T, TH: 6:00-7:30

Adult Beginning • T, TH: 6:00-7:30

Tuition for Adult Open Classes

10-Class Card: \$135

(see 8-week session discounts below)

Student with College ID/10-Class Card: \$125

Times per week	Tuition
1x	\$92
2x	\$160
3x	\$228

Adult Open Classes registration fee of \$50.00 due by June 1, 2010.

Ballet Intensives

**Consult with Rose Flachs to place students in appropriate level*

Level 2 Ballet Intensive

M: 12:00-1:30 Ballet; 1:30-2:00 Variations; 2:00-3:00 Pilates

T: 12:00-1:00 Modern; 1:00-3:00 Ballet

W: 12:00-1:30 Ballet; 1:30-2:00 Variations; 2:00-3:00 Jazz

TH: 12:00-12:45 Seminar; 1:00-3:00 Ballet

July 19-August 13 • M-TH: 12:00-3:00

4wks \$475 • 3wks \$375 • 2wks \$250 • 1 wk \$125

Level 3 Ballet Intensive

M: 12:00-2:00 Ballet with pointe and boys technique; 2:00-3:00 Pilates

T: 12:00-1:00 Modern; 1:00-3:00 Ballet with pointe and boys technique

W: 12:00-2:00 Ballet with pointe and boys technique; 2:00-3:00 Jazz

TH: 12:00-12:45 Seminar; 1:00-3:00 Ballet with pointe and boys technique

F: 12:00-2:00 Ballet; 2:00-3:00 Yoga

July 19-August 13 • M-F: 12:00-3:00

4wks \$550 • 3wks \$450 • 2wks \$300 • 1 wk \$150

Level 4 Ballet Intensive

M: 12:00-1:30 Level 3; 2:00-4:00 Level 4; 4:00-5:00 Pilates

T: 12:00-1:00 Seminar; 1:00-2:30 Level 3; 2:30-4:30 Level 4; 4:30-6:00 Modern

W: 12:00-1:30 Level 3; 2:00-4:00 Level 4; 4:00-5:30 Jazz

TH: 12:00-12:45 Seminar; 1:00-2:30 Level 3; 2:30-4:30 Level 4; 4:00-5:00 Level 4 Variations

F: 12:00-2:00 Ballet; 2:00-3:00 Yoga

July 19-August 13 • M,W, TH: 12:00-5:00

T: 12:00-6:00

F: 12:00-3:00

4wks \$600 • 3wks \$525 • 2wks \$350 • 1 wk \$175

NOTE: Level 4 students may add Adult T, TH, F 9:30-11:00 class OR Adult T, TH 6:00-7:30 class to their schedule at no extra cost.

Level 5 Ballet Intensive

Unlimited Classes

July 19-August 13 • M-F

4wks \$600 • 3wks \$525 • 2wks \$350 • 1 wk \$175

Ballet Intensives registration fee of \$50.00 due by July 1, 2010. This is a non-refundable fee which is deducted from tuition.

The **Massachusetts Academy of Ballet** is a training school for students interested in pursuing a career in classical ballet. The classes are based on the Russian syllabus, a training method that has created some of the best ballet dancers in the world.

The Academy also has a program for non-professional students who value the best quality ballet training and artistic education. Through discipline and a positive approach to the challenges inherent in classical dance, students studying classical ballet will develop the skills needed to excel in their academics as well as their artistic programs. Every student who attends the Massachusetts Academy of Ballet, from child to adult, will receive the same high quality training.



Rose and Charles Flachs, the directors of the Academy, have danced professionally with the Nashville Ballet, Ballet West, and the Cincinnati Ballet. They currently are Associate Professors of Dance at Mount

Holyoke College and guest teachers with the Pennsylvania Academy of Ballet. They have studied the Vaganova method of training with John White, author of Teaching Classical Ballet and Margarita de Saà, and have traveled to the National Ballet School in Havana, Cuba, to further their studies.



Cathy Johnson, a 2006 Mount Holyoke College Frances Perkins Scholar, graduated Phi Beta Kappa/ magna cum laude as a biology major and dance minor. She received her early dance training with Ana Roje in Boston and Yugoslavia, later studied with Melissa Hayden at Skidmore College, and most recently studied the Vaganova method with Rose and Charles Flachs at Mount Holyoke College. Cathy has taught ballet in Western Massachusetts since 1994, joining the Academy faculty in 2006. She has a special interest in promoting dance education in the public schools.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop	9:00-12:00 Ballet Workshop
9:30-11:00 Level 5	9:30-11:00 Adult Int.	9:30-11:00 Level 5	9:30-11:00 Level 5	9:30-11:00 Level 5	9:30-11:00 Level 5	9:30-11:00 Adult Int.	9:30-11:00 Adult Int.	9:30-11:00 Adult Int.	9:30-11:00 Adult Int.
11:00-12:00 Level 5 Variations	11:00-1:00 Level 5 Pointe incl.	11:00-12:00 Level 5 Variations	11:00-12:00 Level 5 Variations	11:00-12:00 Level 5 Variations	11:00-12:00 Level 5 Variations	11:00-1:00 Level 5 Pointe incl.	11:00-1:00 Level 5 Pointe incl.	11:00-12:30 Level 5	11:00-12:30 Level 5
12:00-2:00 Level 3 Pointe incl.	12:00-1:00 Level 2/3 Modern	12:00-2:00 Level 3 Pointe incl.	12:00-1:00 Level 2/3 Modern	12:00-2:00 Level 3 Pointe incl.	12:00-1:30 Level 2	12:00-2:00 Level 3 Pointe incl.	12:00-1:30 Level 4/5 Pas de Deux or Pointe	12:30-1:30 Level 4/5 Pas de Deux or Pointe	12:00-2:00 Level 3/4 Pointe incl.
	1:00-3:00 Level 2	1:00-3:00 Level 3 Pointe incl.	1:00-3:00 Level 2	1:00-3:00 Level 3 Pointe incl.	1:00-3:00 Level 2	1:00-3:00 Level 3 Pointe incl.	1:00-3:00 Level 3 Pointe incl.	1:00-3:00 Level 2	1:00-3:00 Level 3/4
2:00-4:00 Level 4 Pointe incl.	2:00-3:00 Level 2/3 Pilates	2:00-4:00 Level 4 Pointe incl.	2:00-3:00 Level 2/3 Jazz	2:00-4:00 Level 4 Pointe incl.	2:00-3:00 Level 2/3 Jazz	2:00-4:00 Level 4 Pointe incl.	2:00-3:00 Level 2/3 Jazz	2:00-3:00 Level 2/3 Jazz	2:00-3:00 Level 3/4/5 Vega Yoga
4:00-5:00 Open Pilates	2:30-4:30 Level 4	2:30-4:30 Level 4	2:30-4:30 Level 4	2:30-4:30 Level 4	2:30-4:30 Level 4	2:30-4:30 Level 4	2:30-4:30 Level 4	2:30-4:30 Level 4	2:30-4:30 Level 4
	4:30-6:00 Level 4/5 Adult Modern	4:00-5:30 Level 4/5 Adult Jazz	4:00-5:30 Level 4/5 Adult Jazz	4:00-5:30 Level 4/5 Adult Jazz	4:00-5:00 Level 4 Variations	4:00-5:00 Level 4 Variations	4:00-5:00 Level 4 Variations	4:00-5:00 Level 4 Variations	4:00-5:00 Level 4 Variations
	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet	6:00-7:30 Adult Beg. Adult Int. Ballet

GUEST TEACHERS

Paul Dennis
Debra Vega
Alexis Zaccarello-Grimes
Kara Johnson

*Seminar includes discussion of various topics such as nutrition, wellness, theatrical hair and make-up, and theatre etiquette.

Summer 2010 Program Registration Form

Which program you are registering for?

NAME: _____

DATE OF BIRTH: _____

ADDRESS: _____

HOME PHONE: _____

CELL PHONE: _____

E-MAIL: _____

PARENTS' NAME: _____

EMERGENCY CONTACT: _____

PREVIOUS TRAINING: _____

HOW REFERRED TO THE ACADEMY? _____

Please enclose the non-refundable registration fee with your form. (See class description for specific registration fee and deadline date.) This fee will be deducted from tuition. Make check payable to: "Massachusetts Academy of Ballet" and return to: 4 Open Square Way, Studio 403, Holyoke, MA 01040.

Tuition is due on or before the first day of the program you register for. Students may take class only if tuition is current. There are no tuition refunds. Make-up classes are permitted anytime during the course. No credit is made toward tuition for missed classes.