

Massachusetts Academy of Ballet

Summer 2011 Program



Dance with the professionals

DIRECTORS
Rose Marie & Charles Flachs

"I am really glad to find in America a School that is so similar to the Russian Ballet School. I like very much the atmosphere at the School. Thank you very much for preserving Classical Dance's tradition."

— Alla Osipenko, Prima Ballerina Kirov Ballet

www.massacademyofballet.com
413.536.6200

Summer 2011 Program Schedule

Workshops for Young Children

Introduction to Ballet • Ages 4 ~ 5

Young ballet enthusiasts will explore the art of classical ballet by learning elementary ballet, improvisation, simple dances with props, and watching and reading stories from classical ballets. Children should bring a healthy snack and drink for break.

JULY 25-29 • M-F: 9:00-12:00
\$150 each week*

Apprentice Ballet • Ages 6 ~ 7

Young ballet enthusiasts will explore the art of classical ballet by learning beginning ballet technique, improvisation, simple dances with props, and watching and reading stories from classical ballets. Children should bring a healthy snack and drink for break.

AUGUST 1-5 • M-F: 9:00-12:00
\$150 each week*

*If more than one child from a family is enrolled in a workshop, tuition will be discounted to \$125 for each child.



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The **Massachusetts Academy of Ballet** is a training school for students interested in pursuing a career in classical ballet. The classes are based on the Russian syllabus, a training method that has created some of the best ballet dancers in the world.

The Academy also has a program for non-professional students who value the best quality ballet training and artistic education. Through discipline and a positive approach to the challenges inherent in classical dance, students studying classical ballet will develop the skills needed to excel in their academics as well as their artistic programs. Every student who attends the Academy, from child to adult, receives the same high quality training.

Ballet Intensives

*Consult with Rose Flachs to place students in appropriate level

LEVEL 2 Ballet Intensive

M: Ballet; Variations; Pilates
TS: Modern; Ballet
W: Ballet; Variations; Jazz
TH: Seminar; Ballet

JULY 25-AUGUST 19 • M-TH: 12:00-3:00
4wks \$475 • 3wks \$375 • 2wks \$250 • 1 wk \$175

LEVEL 3 Ballet Intensive

M: Ballet with pointe and boys technique; Pilates
TS: Modern; Ballet with pointe and boys technique
W: Ballet with pointe and boys technique; Jazz
TH: Seminar; Ballet with pointe and boys technique
F: Ballet; Yoga

JULY 25-AUGUST 19 • M-F: 12:00-3:00
4wks \$550 • 3wks \$450 • 2wks \$300 • 1 wk \$200

LEVEL 4 Ballet Intensive

M: Ballet; Pointe; Pilates
TS: Seminar; Ballet; Pointe; Modern
W: Ballet; Pointe; Jazz
TH: Seminar; Ballet; Variations
F: Ballet; Pointe; Yoga

JULY 25-AUGUST 19 • M-TH: 12:00-5:00
F: 12:00-3:00

4wks \$600 • 3wks \$525 • 2wks \$350 • 1 wk \$225
NOTE: LEVEL 4 students may add Adult TS, TH, F 9:30-11:00 class OR Adult Beg./Int. TS 6:00-7:30 class to their schedule at no extra cost.

LEVEL 5 Ballet Intensive

Unlimited Classes

JULY 25-AUGUST 19 • M-TH: 9:30-5:00
F: 9:30-3:00

4wks \$650 • 3wks \$550 • 2wks \$375 • 1 wk \$225

Ballet Intensives registration fee of \$50.00 due by July 1, 2011. This is a non-refundable fee which is deducted from tuition.

Adult Open Classes

Adult Beginner/Intermediate is a slower-paced class for students at the beginning or intermediate level of study. Adult Intermediate Advanced is for students who have previously studied ballet.

JUNE 21- AUGUST 19

Adult Beginner/Intermediate • TS: 6:00-7:30 PM
Adult Intermediate/Advanced • TS, TH, F: 9:30-11:00 AM

10-Class Card: \$135

Student with College ID/10-Class Card: \$125

Massachusetts Academy of Ballet
4 Open Square Way, Studio 403
Holyoke, MA 01040
www.massacademyofballet.com



MAB Instructors

Rose and Charles Flachs, the directors of the Academy, have danced professionally with the Nashville Ballet, Ballet West, and the Cincinnati Ballet. They are Professors of Dance at Mount Holyoke College and guest teachers with the Pennsylvania Academy of Ballet. They have studied the



Vaganova method of training with John White, author of *Teaching Classical Ballet* and Margarita de Saà, and have traveled to the National Ballet School in Havana, Cuba, to further their studies.

Cathy Johnson, a 2006 Mount Holyoke College Frances Perkins Scholar, graduated Phi Beta Kappa/ magna cum laude as a biology major and dance minor. She received her early dance training with Ana Roje in Boston and Yugoslavia, later studied with Melissa Hayden at Skidmore College, and most recently studied the Vaganova method with Rose and Charles Flachs at Mount Holyoke College. Cathy has taught ballet in Western Massachusetts since 1994, joining the Academy faculty in 2006. She has a special interest in promoting dance education in the public schools.

Deborah Vega has danced on Broadway in such shows as *A Christmas Carol: The Musical*, *Anything Goes*, and *Funny Girl*. She has also danced for four seasons as a "Radio City Rockette" in the Radio City Christmas Spectacular, and traveled the United States and Europe in National and European Tours such as *Fame!*, *Crazy For You*, and *Steel Pier*. Debra is a proud member of Actor's Equity Association (AEA) and American Guild of Variety Artists (AGVA). She choreographs professional AEA Musical Theatre productions around the United States and locally.

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---|---|---|-----------------------------------|---|--------------------------------------|---------------------------------|--------------------------|---------------------------------|---------------------------------------|
| Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 |
| 9:30-11:00 LEVEL 5 | 9:00-12:00 Ballet Workshops | 9:30-11:00 Adult Int. | 9:00-12:00 Ballet Workshops | 9:30-11:00 LEVEL 5 | 9:00-12:00 Ballet Workshop | 9:30-11:00 Adult Int. | 9:30-11:00 Adult Int. | 9:30-11:00 Adult Int. | 9:00-12:00 Ballet Workshops |
| 11:00-12:00 LEVEL 5 Variations | | 11:00-1:00 LEVEL 5 Pointe | | 11:00-12:00 LEVEL 5 Variations | | 11:00-1:00 LEVEL 5 Pointe | | 11:00-12:30 LEVEL 5 | |
| 12:00-1:30 LEVEL 3/4 | 12:00-1:30 LEVEL 2 | | 12:00-1:00 LEVEL 2/3 Modern | 12:00-1:30 LEVEL 3/4 | 12:00-1:30 LEVEL 2 | | 12:00-12:45 Seminar* | 12:30-1:30 LEVEL 5 Pointe | 12:00-2:00 LEVEL 3/4 Pointe |
| | 1:00-3:00 LEVEL 2/3 | | | | 1:30-2:00 LEVEL 2/3 Variations | 1:00-2:30 LEVEL 3 | 1:00-3:00 LEVEL 2 | | 2:00-3:00 LEVEL 3/4/5 Vega Yoga |
| 2:00-4:00 LEVEL 4 Pointe | 2:00-3:00 LEVEL 2/3 Pilates | 2:00-4:00 LEVEL 4 Pointe | | 2:00-4:00 LEVEL 4 Pointe | 2:00-3:00 LEVEL 2/3 Jazz | | | | |
| 4:00-5:00 Open Pilates | | 4:00-5:00 LEVEL 4/5 Modern Adult | | 4:00-5:00 LEVEL 4/5 Jazz Adult | | 2:30-4:00 LEVEL 4 | | | |
| | 6:00-7:30 Adult Beg./Int. Ballet | | | | | | | | |
| *Seminar includes discussion of various topics such as nutrition, wellness, theatrical hair and make-up, and theatre etiquette. | | | | | | | | | |

Summer 2011 Program Registration Form

Which program you are registering for?

NAME: _____

DATE OF BIRTH: _____

ADDRESS: _____

HOME PHONE: _____

CELL PHONE: _____

E-MAIL: _____

PARENTS' NAME: _____

EMERGENCY CONTACT: _____

PREVIOUS TRAINING: _____

HOW REFERRED TO THE ACADEMY?

Please enclose the non-refundable registration fee with your form. (See class description for specific registration fee and deadline date.) This fee will be deducted from tuition. Make check payable to: "Massachusetts Academy of Ballet" and return to: 4 Open Square Way, Studio 403, Holyoke, MA 01040.

Tuition is due on or before the first day of the program you register for. Students may take class only if tuition is current. There are no tuition refunds. Make-up classes are permitted anytime during the course. No credit is made toward tuition for missed classes.